

आयुध रत्न

हरि मोहन भा.आ.नि.से.  
महानिदेशक एवं अध्यक्ष

Ayudh Ratna

**HARI MOHAN I.O.F.S.**  
DGOF & CHAIRMAN



भारत सरकार, रक्षा मंत्रालय  
आयुध निर्माणी बोर्ड

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## MESSAGE

*This is in continuation to my earlier message dated 20-03-2020 in which I had appealed to all my Sr. GMs/GMs/HODs to personally take interest in the required preparatory steps and pre-emptive measures to be taken at our end to supplement the national effort to first contain and thereafter isolate the Covid-19 virus in our country.*

*A period of nearly 3 weeks has since passed and on retrospection it appears that we as an Organization have done fairly well. It is however important to appreciate by one and all that the battle against Covid-19 is far from over and we at the Individual, Society, Organizational and National level have to continue our vigil and efforts so as to attain victory in this most critical of battles that our Country has ever faced in modern times.*

*On the one hand, we as an Organization have aptly adapted and responded to the crisis on a war footing, to the best of our capabilities by putting together facilities for production of PPEs(Coveralls), Masks, Sanitizer liquid and other such items to arm our frontline "Corona Warriors". Over the coming few days, I am confident that under the leadership of the concerned Sr.GMs /GMs, the facilities so established will be further streamlined to ramp up production so as to make a significant contribution at the national level. To achieve the same, I appeal to all my fellow employees to rise to this challenge and be fully focused and committed to your assigned job by putting "country over self" at this critical juncture.*

*At the Individual level, I earnestly appeal to my valued workforce to honestly follow the 'Dos and Don'ts as published by the Health Authorities from time to time, an extract of which is appended to this appeal for your ready reference. It is also important that we carefully adhere to the rules and regulations enforced at your station and cooperate fully with the local authorities, especially Health and Police so as ensure that we as a Nation emerge victorious in this battle. We should also understand that as Government Servants it is also our humble duty to actively contribute and supplement these efforts by not only fully cooperating but also assisting in the efforts of the Local Administration.*

*I am confident that if we pay attention to the above and continue to discharge our duties with devotion and commitment, the current crisis will surely end soon and we will emerge victorious in our fight against Covid-19.*

[ **HARI MOHAN** ]  
DGOF & CHAIRMAN

7<sup>th</sup> April 2020



### Do's

1. To maintain high levels of personal hygiene, social etiquette and continue to maintain social distancing.
2. Wash hands frequently with soap & running water or Sanitizer. Soap and running water is always better than sanitizer.
3. Wash hands with soap and water before and after every meal, using the wash room, before handling food, before touching infants and old aged people, even if the hands appear visibly clean.
4. Change your clothes daily and dry your linen under direct sunlight.
5. Drink lots of water and remain well hydrated all through the day.
6. Remain physically active and try to spend at least one hour in the sun every day.
7. Try and use a 3 ply mask, non-medical mask, cloth mask when venturing out to buy essential supplies.
8. Try to limit your visits for essential supplies like food, medicines etc to once in ten days.
9. Always cover your mouth and nose with a handkerchief, tissue while sneezing and coughing.
10. Always wear a mask or cover your face with a cloth while reporting to Hospital with any of the symptoms as listed at 11 below.
11. If you develop fever, cold, cough, running nose, sore throat, loose motions, vomiting, pain abdomen or any level of breathlessness report to your Doctor/Hospital immediately.

### Don'ts

1. Do not touch your eyes, mouth, nostrils ears with your hands.
2. Do not shake hands.
3. Do not spit in public places.
4. Do not openly cough or sneeze.
5. Do not venture out unnecessarily.
6. Do not participate in, or organize any kind of large gathering.
7. Do not go to public/crowded places if you have fever, cold, cough, running nose, sore throat, loose motions, vomiting, pain abdomen or any level of breathlessness.
8. Do not have close contact with anyone including close relatives if you have fever, cold, cough, running nose, sore throat, loose motions, vomiting, pain abdomen or any level of breathlessness.
9. Do not do self-medication based on information available on social media or Internet.
10. Do not delay going to your Doctor in case of any kind of illness.
11. Do not spread rumors especially through social media.

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